

***The Human Body in Health and Disease 8th edition
Patton Test Bank***

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Test Bank - Chapter 01

Q: Which word is derived from the Greek words meaning “cutting apart”?

- A. Dissection
- B. Physiology
- C. Pathology
- D. Anatomy (Correct)**

Q: Which word is defined as the study of the function of living organisms and their parts?

- A. Dissection
- B. Physiology (Correct)**
- C. Pathology
- D. Anatomy

Q: Which word is defined as the scientific study of disease?

- A. Dissection
- B. Physiology
- C. Pathology (Correct)**
- D. Anatomy

Q: Cells

- A. are more complex than tissues.
- B. are the first level of organization in the body.
- C. are the smallest living units of structure and function in the body. (Correct)**
- D. contain the same organelles no matter what cell type they are.

Q: A group of cells that act together to perform a function is called a(n)

- A. molecule.
- B. organ.
- C. tissue. (Correct)**
- D. organism.

Q: The heart is an example of a(n)

- A. organ. (Correct)**
- B. tissue.
- C. organism.
- D. system.

Q: The levels of organization from most simple to most complex are

- A. cell, chemical, organ, tissue, system.
- B. tissue, cell, chemical, organ, system.
- C. chemical, tissue, cell, organ, system.
- D. chemical, cell, tissue, organ, system. (Correct)**

Q: When using directional terms to describe the body, it is assumed that the body is in what position?

- A. Supine
- B. Anatomical (Correct)**
- C. Lateral
- D. Prone

Q: The supine position

- A. describes the body lying face up. (Correct)**
- B. is also called anatomical position.
- C. describes the body lying face down.
- D. describes the body lying on its side.

Q: The prone position

- A. describes the body lying face up.
- B. is also called the anatomical position.
- C. describes the body lying face down. (Correct)**
- D. describes the body lying on its side.

Q: Because humans walk upright, the term *dorsal* can be used in place of the term

- A. inferior.
- B. posterior. (Correct)**
- C. anterior.
- D. distal.

Q: The opposite term for *posterior* in humans is

- A. superior.
- B. anterior. (Correct)**
- C. dorsal.
- D. lateral.

Q: The opposite term for *superficial* is

- A. deep. (Correct)**
- B. inferior.
- C. posterior.
- D. medial.

Q: The body section that divides the right ear from the left ear is a _____ section.

- A. frontal
- B. sagittal (Correct)**
- C. coronal
- D. transverse

Q: The body section that divides the nose from the back of the head is a _____ section.

- A. frontal (Correct)**

- B. sagittal
- C. midsagittal
- D. transverse

Q: A section that divides the body into mirror images is a _____ section.

- A. frontal
- B. coronal
- C. midsagittal (Correct)**
- D. transverse

Q: The two major body cavities are called

- A. thoracic and abdominal.
- B. thoracic and pelvic.
- C. dorsal and ventral. (Correct)**
- D. mediastinum and pleural.

Q: The liver can be found in the

- A. upper right quadrant. (Correct)**
- B. upper left quadrant.
- C. hypogastric region.
- D. left lumbar region.

Q: The word “leg” correctly describes the

- A. area from the hip to the foot.
- B. area from the knee to the ankle. (Correct)**
- C. area between the hip and the knee.
- D. femoral area.

Q: The human body tries to maintain a constant body temperature. This is an example of

- A. homeostasis. (Correct)**
- B. a positive feedback loop.
- C. an effector.
- D. a sensor.

Q: The part of a feedback loop that has the direct effect on the regulated condition is called

- A. homeostasis.
- B. the effector. (Correct)**
- C. the sensor.
- D. the control center.

Q: The part of the feedback loop that detects a change in the regulated condition is called

- A. homeostasis.
- B. the effector.
- C. the sensor. (Correct)**
- D. the control center.

Q: The part of the feedback loop that compares the present condition within a body part or region to its homeostatic condition is called

- A. homeostasis.
- B. the effector.
- C. the sensor.
- D. the control center. (Correct)**

Q: When your body temperature drops below normal, you begin to shiver as your muscles contract rapidly and generate heat. In this case your muscles are acting as the

- A. sensor.
- B. effector. (Correct)**
- C. control center.
- D. reflex center.

Q: Which of the following body functions is an example of a positive feedback loop?

- A. Maintaining a pH of 7.45 in the body
- B. Maintaining blood glucose levels
- C. Maintaining uterine contractions during labor (Correct)**
- D. Maintaining body temperature at 98.6 degrees Fahrenheit

Q: The level of organization that precedes the organ level is the _____ level.

- A. system
- B. cellular
- C. tissue (Correct)**
- D. chemical

Q: Which of these terms cannot be applied to a body in the anatomical position?

- A. Dorsal
- B. Posterior
- C. Supine (Correct)**
- D. Prone

Q: Which term means *toward the head*?

- A. Anterior
- B. Superior (Correct)**
- C. Superficial
- D. Ventral

Q: Which describes the anatomical relationship of the elbow to the wrist?

- A. The elbow is proximal to the wrist. (Correct)**
- B. The elbow is distal to the wrist.
- C. The elbow is superficial to the wrist.
- D. The elbow is lateral to the wrist.

Q: A coronal plane or section is another term for a _____ plane.

- A. sagittal

- B. midsagittal
- C. transverse
- D. frontal (Correct)**

Q: The muscular sheet called the diaphragm divides the

- A. right and left pleural cavities.
- B. thoracic cavity and abdominopelvic cavities. (Correct)**
- C. abdominal and pelvic cavities.
- D. thoracic cavity and mediastinum.

Q: Which is not a part of the upper abdominopelvic region?

- A. Right hypochondriac region
- B. Epigastric region
- C. Hypogastric region (Correct)**
- D. The right hypochondriac, epigastric, and hypogastric region are all part of the upper abdominopelvic region.

Q: Which of the following are in the axial region?

- A. Head and neck (Correct)**
- B. Trunk and upper and lower extremities
- C. Upper and lower extremities
- D. Head, neck, and upper and lower extremities

Q: Which of the following is an accurate statement?

- A. Homeostatic control mechanisms maintain body conditions at constant levels.
- B. Homeostatic control mechanisms allow body conditions to fluctuate near a typical, ideal level. (Correct)**
- C. Most homeostatic control mechanisms operate through positive feedback.
- D. Homeostatic control mechanisms help maintain body temperature at exactly 98.6 degrees Fahrenheit.

Q: Anatomy is defined as the study of the structure of an organism.

- A. True (Correct)**
- B. False

Q: The word "dissection" comes from Greek words meaning "cutting apart."

- A. True
- B. False (Correct)**

Q: Anatomy deals with the study of structure, whereas physiology deals with the study of function.

- A. True (Correct)**
- B. False

Q: Pathology is the scientific study of disease.

- A. True (Correct)**
- B. False

Q: A protein molecule is considered to be at the cellular level of organization.

- A. True
- B. False (Correct)**

Q: The cell is the simplest level of organization in the human body.

- A. True
- B. False (Correct)**

Q: Cells are considered to be the smallest living units of structure and function in the body.

- A. True (Correct)**
- B. False

Q: A group of cells working together to perform a specific function is called an organ.

- A. True
- B. False (Correct)**

Q: A group of several different tissues working together to perform a specific function is called an organ.

- A. True (Correct)**
- B. False

Q: The organ is the highest level of organization in the human body.

- A. True
- B. False (Correct)**

Q: Anatomical position is the reference position for the directional terms of the body.

- A. True (Correct)**
- B. False

Q: If you like to sleep on your stomach, you prefer sleeping in the supine position.

- A. True
- B. False (Correct)**

Q: Doctors recommend putting babies to sleep on their backs to help prevent breathing problems. This is the supine position.

- A. True (Correct)**
- B. False

Q: The anatomical position can be described as the body being erect with the arms held at shoulder level with the palms of the hands facing down.

- A. True
- B. False (Correct)**

Q: The ankle is distal to the knee.

A. True (Correct)

B. False

Q: Dorsal and anterior are interchangeable terms when referring to humans.

A. True

B. False (Correct)

Q: The lungs are medial to the heart.

A. True

B. False (Correct)

Q: The elbow is proximal to the wrist.

A. True (Correct)

B. False

Q: The skin is superficial to the muscles.

A. True (Correct)

B. False

Q: Proximal and medial are opposite terms.

A. True

B. False (Correct)

Q: The knee is distal to the ankle.

A. True

B. False (Correct)

Q: The middle toe is medial to the big toe but lateral to the smallest toe.

A. True

B. False (Correct)

Q: Frontal and coronal sections refer to the same thing.

A. True (Correct)

B. False

Q: Sagittal and midsagittal sections refer to the same thing.

A. True

B. False (Correct)

Q: A plane dividing a body into upper and lower portions is a transverse plane.

A. True (Correct)

B. False

Q: A plane dividing the body into front and back portions is a sagittal plane.

- A. True
- B. False (Correct)**

Q: A midsagittal plane divides the right shoulder from the left shoulder.

- A. True (Correct)**
- B. False

Q: A transverse plane divides the eyes from the back of the head.

- A. True
- B. False (Correct)**

Q: A frontal section divides the eyes from the back of the head.

- A. True (Correct)**
- B. False

Q: The ventral cavity is one of the main cavities of the body.

- A. True (Correct)**
- B. False

Q: The mediastinum is a subdivision of the abdominal cavity.

- A. True
- B. False (Correct)**

Q: The pleural cavities are subdivisions of the thoracic cavity.

- A. True (Correct)**
- B. False

Q: The abdominal cavity is inferior to the thoracic cavity.

- A. True (Correct)**
- B. False

Q: The abdominal cavity and the pelvic cavity are separated by a muscle called the diaphragm.

- A. True
- B. False (Correct)**

Q: The thoracic cavity and the abdominal cavity are separated by a muscle called the diaphragm.

- A. True (Correct)**
- B. False

Q: The right hypochondriac region is completely in the right upper quadrant of the abdomen.

- A. True (Correct)**
- B. False

Q: The left hypochondriac region is completely in the left lower quadrant of the abdomen.

- A. True
- B. False (Correct)**

Q: The right lumbar region is superior to the right iliac region.

- A. True (Correct)**
- B. False

Q: The dorsal cavity includes the spinal cavity.

- A. True (Correct)**
- B. False

Q: The brain is located in the dorsal cavity.

- A. True (Correct)**
- B. False

Q: Homeostasis is the relative consistency of the internal environment of the body.

- A. True (Correct)**
- B. False

Q: The body's major means of maintaining homeostasis is through a positive feedback loop.

- A. True
- B. False (Correct)**

Q: In a feedback loop, the part of the system that compares the actual condition to the controlled condition is called the sensor.

- A. True
- B. False (Correct)**

Q: In a feedback loop, the part of the system that effects a change in the controlled condition is called the effector.

- A. True (Correct)**
- B. False

Q: In a feedback loop, the part of the system that detects a change in the controlled condition is called the sensor.

- A. True (Correct)**
- B. False

Q: A negative feedback loop stimulates and amplifies a change in the internal environment.

- A. True
- B. False (Correct)**

Q: A negative feedback loop opposes or negates a change in the internal environment.

- A. True (Correct)**
- B. False

Q: The body has more positive feedback loops than negative feedback loops.

A. True

B. False (Correct)

Q: The formation of a blood clot is an example of a negative feedback loop.

A. True

B. False (Correct)

Q: The pH of the body must remain within a very narrow range. It would more likely be controlled by a negative feedback loop.

A. True (Correct)

B. False

Q: Positive feedback loops are sometimes involved in healthy body function.

A. True (Correct)

B. False

Q: Both the heart and the blood vessels are considered to be organs in the cardiovascular system.

A. True (Correct)

B. False

Q: An "L" on an anatomical compass rosette can stand for "Left" or "Lateral" depending on what is opposite it.

A. True (Correct)

B. False

Q: An "S" on an anatomical compass rosette can stand for "Superior" or "Supine" depending on what is opposite it.

A. True

B. False (Correct)

Q: When you look at an anatomical compass rosette in the text, the "R" on the rosette is on your right side.

A. True

B. False (Correct)

Q: The appendicular portion of the body consists of the head, neck, and torso or trunk.

A. True

B. False (Correct)

Q: Healthy homeostatic control mechanisms maintain conditions in the body at precise, constant levels to sustain health.

A. True

B. False (Correct)

Q: Conditions such as body temperature and blood pH must be maintained at constant levels through homeostatic mechanisms.

A. True

B. False (Correct)

Self-Test - Chapter 01

Q: Anatomy is defined as the study of the

- A. function of a living organism and its parts.
- B. diseases of a living organism.
- C. structure of a living organism and the relationship of its parts. (Correct)**
- D. growth of a living organism.

Q: Physiology is defined as the study of the

- A. function of a living organism and its parts. (Correct)**
- B. diseases of a living organism.
- C. structure of a living organism.
- D. growth of a living organism.

Q: The organization of the body begins at what level?

- A. Organelle
- B. Cellular
- C. Chemical (Correct)**
- D. System

Q: A hypothesis that has gained a high level of confidence is called a

- A. fact.
- B. theory or law. (Correct)**
- C. result.
- D. variable.

Q: The reference position of the body when it is in an erect, or standing, posture with the arms at the sides and palms turned forward is called the

- A. bilateral position.
- B. anatomical position. (Correct)**
- C. symmetrical position.
- D. ventral position.

Q: The two major body cavities are called the

- A. abdominal and pelvic cavities.
- B. ventral and thoracic cavities.
- C. ventral and dorsal cavities. (Correct)**
- D. dorsal and abdominal cavities.

Q: The space that encloses the brain and spinal cord forms one continuous cavity called the

- A. thoracic cavity.
- B. dorsal cavity. (Correct)**
- C. ventral cavity.
- D. posterior cavity.

Q: The plane that divides the body into right and left halves is the

- A. plane. (Correct)**
- B. sagittal plane.
- C. transverse plane.
- D. coronal plane.

Q: The plane that divides the body into front and back portions is the

- A. sagittal plane.
- B. transverse plane.
- C. frontal plane. (Correct)**
- D. midsagittal plane.

Q: Which of the following is not part of the middle abdominopelvic region?

- A. The epigastric region (Correct)**
- B. The right lumbar region
- C. The left lumbar region
- D. The umbilical region

Q: Which of the following is not part of the ventral body cavity?

- A. The mediastinum
- B. The cranial cavity (Correct)**
- C. The pelvic cavity
- D. All of the above are part of the ventral body cavity.

Q: The directional term *superior* means

- A. front.
- B. back.
- C. toward the head. (Correct)**
- D. toward the feet.

Q: The relatively constant state maintained by the body is known as

- A. anatomy.
- B. physiology.
- C. metabolism.
- D. homeostasis. (Correct)**

Q: Which feedback loop opposes changes in the internal environment and moves the change back toward the normal value?

- A. Negative feedback loop (Correct)**
- B. Positive feedback loop
- C. Homeostatic feedback loop
- D. Sensor-control feedback loop

Q: Instead of opposing a change in the internal environment, which type of feedback loop temporarily amplifies the change that is occurring?

- A. Negative feedback loop

B. Positive feedback loop (Correct)

- C. Homeostatic feedback loop
- D. Sensor-control feedback loop

Q: The levels of organization going from least to most complex would be

- A. cell, chemical, organ, tissue.
- B. chemical, tissue, cell, organ.
- C. chemical, cell, organ, tissue.

D. chemical, cell, tissue, organ. (Correct)

Q: The smallest living unit of structure and function in the body is

- A. the organic compounds.

B. the cell. (Correct)

- C. DNA.
- D. organelles.

Q: Which of the following is not an anatomical direction?

A. Supine (Correct)

- B. Proximal
- C. Medial
- D. Anterior

Q: A plane that divides the right eye from the left eye would be a

- A. frontal plane.
- B. coronal plane.

C. midsagittal plane. (Correct)

- D. transverse plane.

Q: The opposite directional term for distal would be

- A. posterior.
- B. deep.
- C. lateral.

D. proximal. (Correct)